



PROfit™

SHIATSU PILLOW



User Guide





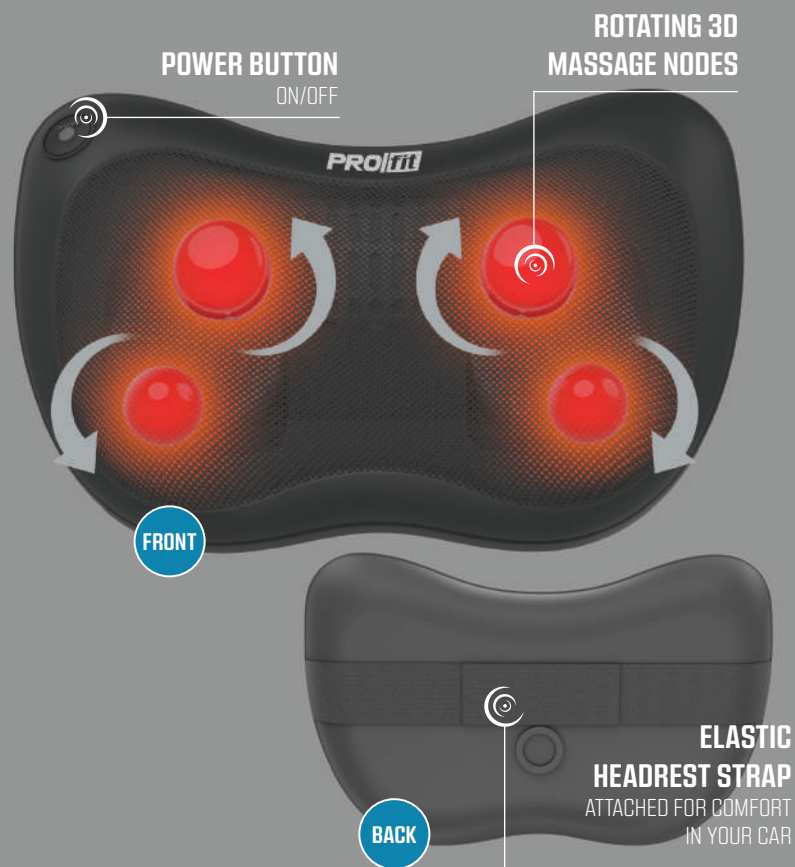
A Powerful Shiatsu Heated Massage

Get a comfortable, relaxing massage that relieves tension and stress with the **ProFit Shiatsu Heated Massage Pillow**. Utilizing the power of shiatsu-style massage and heat relief to help reduce muscle soreness and stiffness while easing tension, fatigue, and stress. Shiatsu is a unique style of bodywork that includes massages with fingers, thumbs, palms, and feet (in Japanese, the word “shiatsu” means “finger pressure”). The **ProFit Shiatsu Heated Massage Pillow** replicates these techniques—relieving pain and fatigue while providing a relaxing massage for your shoulders, neck, back, arms, legs, waist, and more. Get a true shiatsu experience without catching the next flight to Japan!

Pro-Active, Pro-Health, Pro-Fitness

Versatile Precision Therapy

4 Therapeutic heated shiatsu massage nodes that target the back, ensuring specialized recovery and relief.



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Better Results For Your Fitness Goals.

Included in your package

- ProFit Shiatsu Heated Massage Pillow
- AC Adapter
- DC Adapter
- This Fabulous Manual



Use It The Way You Want

- Mobility & flexibility
- Pre-workout warm-up
- Post-workout recovery
- Sore muscle relief
- Better blood circulation
- Athletic performance
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation

CUSTOMER SUPPORT

If you have any questions about setting up your ProFit Shiatsu Heated Massage Pillow, we are here to help! Call or email us and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or support@tzumi.com

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- TRICEPS
- SHOULDERS
- NECK
- FOREARMS
- BICEPS
- CHEST
- UPPER & LOWER BACK
- ABDOMINAL
- QUADS
- GLUTES
- HAMSTRING
- CALVES

Relief and Relaxation, Anywhere You Need It

Relieve sore muscles any place, any time with the **ProFit Shiatsu Heated Massage Pillow**. This portable, multi-purpose massager helps improve your blood circulation, eases fatigue, reduces stress, soothes pressure, and promotes relaxation! Use the **ProFit Shiatsu Heated Massage Pillow** at home, in the office, or on the go in your car!

Not for medical use.

User Instructions

Please read the user instructions before using the ProFit Shiatsu Heated Massage Pillow. Keep this manual for reference.

Features

- 4 kneading massage nodes
- Soothing heat relief
- 2 different massage directions
- Portable design with elastic car strap
- 15 minute auto-shutoff
- AC or DC power options for home and car

How to use

1. Plugging in the massage pillow:
 - For home or office use, connect the AC adapter wall cable to the power jack that is attached to the massager. Then, plug the adapter into the nearest wall outlet.
 - For car use, connect the DC cable to the power jack that is attached to the massager. Then, insert the other end into the car's 12V/cigarette lighter.
2. Be sure that the power cord is secure and not being tugged on.
3. Position the massager on your body to your liking, targeting sore muscles for relief.
4. Long press the ON/OFF button to turn the massager ON.
5. The massager will then begin performing its first of three massage options, which can be cycled through by short pressing the ON/OFF button.
 1. Initial long press: heated, clockwise massage
 2. First short press: heated, counterclockwise massage
 3. Second short press: unheated, counterclockwise massage
 4. Third short press: massager turns OFF.
6. Be sure to unplug the massager when not in use.
7. You should store the massager in a dry, cool location, away from any liquids or sources of heat.

Note: The massage modes will glow red when the heat is on.
While ON, the massage nodes will change direction every minute.

Warnings

Please read the user instructions before using the ProFit Shiatsu Heated Massage Pillow. Keep this manual for reference.

Cleaning and Storing the Massager

1. Unplug the massager and let the massage nodes cool off if still heated.
2. Clean the outside of the massager with a damp cloth and dry with a soft, clean cloth.
3. Avoid wiping down the mesh covering the massage nodes as the material is very thin and liquids could seep through.

Important Safeguards

- If you are in the care of a physician, consult with your physician before using this product.
- The use of this device for massaging an injured part of the body should be avoided without consulting your doctor.
- If you experience any discomfort while using this product, stop immediately.
- Do not use this product if it is damaged or impaired. Do not attempt to disassemble or repair this product.
- Do not use if wet or near water.
- Do not apply heavy amounts of pressure to this product to avoid injury.
- Do not use when your body is wet to avoid electrical shock.
- Do not over-massage sensitive skin.
- This device is not intended for use by children.
- Do not use this product on the head, chest, or joints.
- If there are any abnormal pains during massaging, stop using immediately.
- Do not exceed 30 minutes of use.

If you have any of these pre-existing conditions,

- Pacemaker or similar heart device/disease
- Skeletal damage and/or fragility, especially in the spine or back
- Recent surgery or operation
- Currently pregnant or just gave birth
- Osteoporosis
- Issues with blood circulation or thrombosis
- Skin infection of any kind
- Abnormal blood pressure



SPECIFICATIONS

Input Voltage: 12V

Input Current: 1.5-2A

Rated Power: 20w

Power Off Timer: 15Min

Safety Design:

Overheat and
Overcurrent protection

Dimensions: 12.2 x 3.7 x 7.5 in

Disclaimer

Read the instructions carefully before using the massager. The use of this equipment is subject to following its instructions closely. tzumi is not liable for any damage or loss caused by inappropriate use of the device.

Do not use the massager without the approval of your doctor if you are: pregnant, diabetic, have a pacemaker, recovering from surgery, suffer from migraines, neuropathy disorders, disc protrusion or spinal inflammation. If you feel pain or discomfort while using the massager stop using it immediately and consult your doctor or physiotherapist.

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